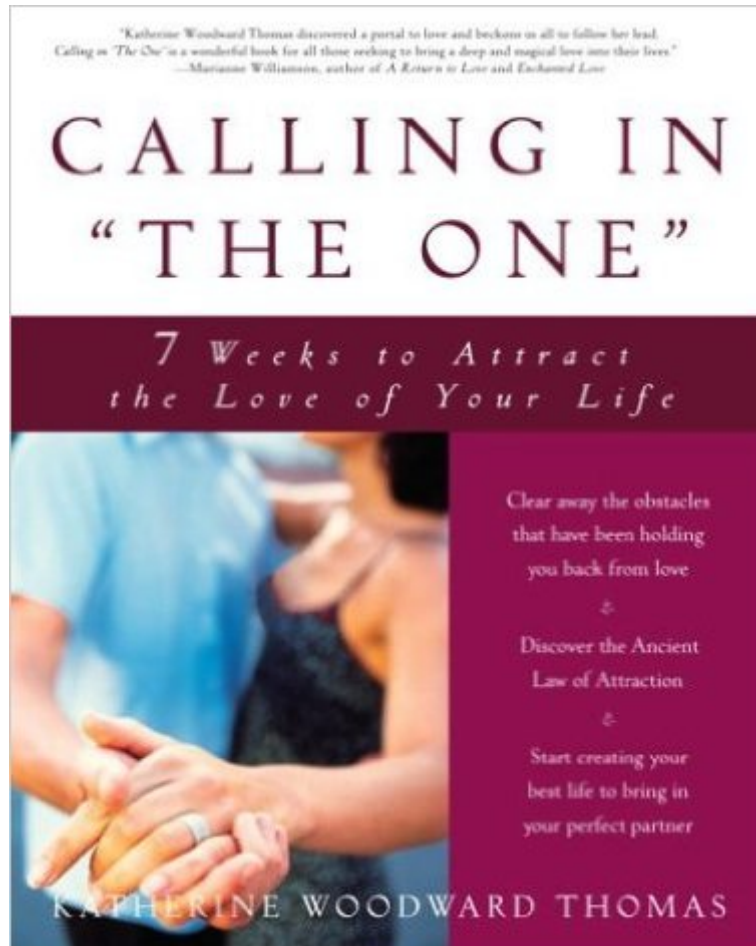


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# Calling In "The One": 7 Weeks To Attract The Love Of Your Life



## Synopsis

Are you frustrated by stymied relationships, missed connections, and the loneliness of the search for someone to spend the rest of your life with? Are you ready, instead, to find "The One"? In *Calling in The One*, Katherine Woodward Thomas shares her own personal experience to show women that in order to find the relationship that will last a lifetime, you have to be truly open and ready to create a loving, committed, romantic union. *Calling in The One* shows you how. Based on the Law of Attraction, which is the concept that we can only attract what we're ready to receive, the provocative yet simple seven-week program in *Calling in The One* prepares you to bring forth the love you seek. For each of the 49 days of Thomas's thoughtful and life-affirming plan, there is a daily lesson, a corresponding practice, and instruction for putting that lesson into action in your life. Meditation, visualization, and journaling exercises will gently lead you to recognize the obstacles on your path to love and provide ways to steer around them. At the end of those 49 days, you will be in the ideal emotional state to go out into the world and find "The One." An inspirational approach that offers a radical new philosophy on relationships, *Calling in The One* is your guide to finding the love you seek.

## Book Information

Paperback: 352 pages

Publisher: Harmony (February 10, 2004)

Language: English

ISBN-10: 1400049296

ISBN-13: 978-1400049295

Product Dimensions: 7.3 x 0.7 x 9.2 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (444 customer reviews)

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[#320 in Books > Self-Help > Personal Transformation](#)

## Customer Reviews

I personally think this book should be required reading for everyone before they start into relationships. I started this book after I found out my fiancé of several years was cheating on me with a married co-worker. I kicked him out promptly, a few months before we were to get married. And though thoroughly devastated, I had a need to figure out why I kept choosing the same types of

loser guys. I was tired of being "broken". I think the readers that are complaining about the author "settling" have totally missed the point of the book. I am not a "journaler" or a scrapbook person, so I didn't do the exercises. I did however, spend a lot of time thinking about her questions and mentally exploring examples she gave. There were a couple of things I did do - make a list of traits I was looking for in a mate was one of them. This book is valuable in that it makes you think about your choices. She gave a lot of good examples from her own life, of things I've personally done. It was helpful to get an outside perspective, without being put down, and to realize that others have done really stupid things too. It helped me come to terms with a lot of whys -- why things failed, why a certain person was not the "one", etc. and why I have perpetually been seeking the same type of guy. I am happy to say I found "the one", in not quite 7 weeks, but close. He is nothing like I've ever dated before, he met every criteria on my list and so much more. We are engaged to be married in December. I never knew a relationship could be so good. This book helped immensely in that I was able to move past my previous relationship, turn away guys that were not right for me without guilt, and find a man that treats me the way I always wanted to be treated.

Last year, I wrote a very harsh review of Katherine Woodward Thomas's book, "Calling In The One" because I was down on relationships and the whole idea of soulmates at the time. But I later realized I was wrong to condemn Ms. Thomas and give her book a poor review. Life has taught me a few things since I read it the first time, and I can admit a mistake. What changed my mind was that I observed this book change people's lives after reading it. Although I felt it didn't work for me (mainly because I'm one of those picky, independent, commitment-phobic type A girls), I did see its possible value for single male and female friends of mine, so I recommended the book to them. After reading it, these people changed before my eyes and became softer, more available to relationships, and more open to possibilities. Many got rid of their "lists" and stopped condemning men (and women). Two of these friends are now in committed relationships. My buddies used the techniques in Thomas's book to introspect and renovate their lives to a new possibility of love. The results speak for themselves. I therefore must amend my earlier somewhat cruel review of this work. Simply put, her techniques and suggestions work - kind of like eHarmony - granted the reader is really serious about finding and keeping genuine love. This book demands no less. Although the wonderful chapters and intriguing case stories did not work for me personally, I can see the value in "Calling In The One", and I highly recommend this book to any single who is serious about finally escaping the drudgery and endless wheel of fruitless dating, and focusing on and finding the one who concludes all searches.

this book is fantastic. i bought it at the suggestion of the bodhi tree bookstore sale person who said it was the most popular relationship book in the store. originally i bought it for a friend who had asked me to recommend a book about relationships. but as i paged through it at home i realize i wanted to buy it for myself, too. i am single and i do want to meet 'the one'- but i am not at the place where i'd buy a book about finding him. but this book is not really about finding the one as it is about becoming that which you seek to find. if you are looking for love you need to be love- and you need to love yourself fully and completely. if you are looking for security you need to find security in yourself first rather than look for someone who can make you feel secure. if you are looking for trust you need to trust yourself first before you can trust anyone else. it's all very basic psychological stuff- but even the most psychologically savvy can learn a thing or two from this book. especially when it's your blind spots that are causing you to not be open to love. even freud couldn't see his own blind spots. this book does take a commitment though. the 1 star reviewer who said it was too demanding and too psychologically hard to bear was right in a sense. but the point of the book is to show you that the reason you haven't met mister or miss right isn't because you just don't have any luck- it's because there are blocks in your psyche that are deep issues that need to be dealt with in order for you to be fully open to love. that is not easy work. in our fast-food/short-cut culture where people are learning speed reading so they can get through a book in 10 minutes- this book could feel like getting stuck behind grandpa driving in the fast lane.

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